



Leadership News

Dear Parents/Caregivers,

We have had a very busy term thus far. At the moment, many students in Years 3 and 5 are sitting the NAPLAN tests and we are pleased to say that they are doing a great job and ensuring they do their best work. It's great to see our students working hard and having a go at answering all questions.

Recently we have had some concerning news brought to our attention about student use of social media. We encourage all families to supervise their young children on social media as without appropriate supervision their safety can be compromised. You may not know that most social media sites are for students over the age of 13 years. It is also timely for us to remind all students that mobile phones are not to be used at all whilst on school grounds. Smart watches are not allowed at school either. Both of these requirements are outlined in our Mobile Devices Policy as ratified by the school's Governing Council.

On Friday 24th March, we will have our first Pupil Free Day for the year. Staff will be continuing their work on increasing numeracy skills across the site and they will be working on moderating student work with the goal of further improving consistency across classrooms.

Thank you to all the families who have donated goods for our Easter raffle. Tickets are being distributed and the raffle will be drawn on Thursday 6th April. All families will receive one raffle book to sell or buy for themselves. As soon as the tickets are sold, we ask that you return the books and money to the school and if you require more tickets please let us know and we can send them home with your children. We are still accepting donations through the front office.



Dates to Remember

2023

Term 1

Week 8

24th March

Pupil Free Day

Week 10

7th April

**Good Friday
Public Holiday**

Week 11

10th April

**Easter Monday
Public Holiday**

Term 2

Week 1

1st May

Pupil Free Day

Principal
Mrs Cherie Collings

Deputy Principal
Mr Sam Konnis

Assistant Principal
Mrs Toulia Girgolas

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WELLBEING CORNER



We recognise that it is a financially difficult time for many people. Please see below a list of support services available for families in the local area.



Foodbank is the largest hunger relief charity in Australia. We are the pantry to the charity sector, linking surplus food and groceries to people in need. Last year we sourced 88 million meals for our charity partners. [Find out more about how we work.](#)



NQR is Australia's cheapest supermarket and discount warehouse, saving families, pensioners, and everyday Australians up to 80% off their weekly grocery bill. We sell the big brands you love, at cheaper than home brand prices.

Australian-owned with 23 stores across Victoria and South Australia, as well as our NEW online store providing customers with Big Brands, Cheap Australia Wide! We're passionate about saving you money without sacrificing quality.

NQR has been in operation since 1987 and in May 2018 was purchased by Tradeorigins Pty Ltd.



Salvation Army Parafield Gardens
84-86 Lavender Dr, Parafield Gardens. Ph (08) 8250 1455. Friday evening meals cancelled. Crafts Tuesdays 10am-12 noon, but you can just sit around and drink free coffee. Thursdays 10:30-11:30am companion club where you also sit around and drink coffee.

No I.D. required. Free excellent bread every morning from 9:30am on Mondays, Wednesdays and Fridays. Other assistance via the Statewide Call Centre on (08) 8130 6188.

Anglicare Mission Elizabeth

Main North Road side of the Elizabeth shopping centre, Elizabeth (moved from next door to SA Ambulance). Monday to Friday 9:00am to 3:00pm. Phone 1800 061 551 at 9:00am Monday to Friday for an interview that day then with your Centrelink Card you get a free Foodbank voucher. Help with power bills, prescription vouchers and tampons.



WELLBEING CORNER



<https://www.affordablesa.com.au/programs/food/food-pantry>

A food pantry offers free or low cost food and groceries to the community. For further information, please see the closest location to you for further details.



The Community Food Hub is open Monday to Friday 10am – 3pm and provides low cost groceries to anyone with a concession card or immigration card. Emergency Relief is open Monday to Friday 9am - 11.30am and provides food and other material assistance. Limited number per day. Also provides Monday to Friday: Free Breakfast (9am – 10.30am), Lunch (11:30am) \$2.50 for a 3 course meal (a free option of soup/roll is also available), Free Tea/Coffee (9am – 1pm) and Sundays: Free Tea/Coffee from 10am and Breakfast (09:30am to 11:00am)



<https://www.australianrefugee.org/services/>

Refugee families face a unique range of challenges both before and after arriving in Australia. For example, some families have spent a lot of time apart or individuals might find themselves with new roles and responsibilities they have not previously known.

ARA's support services for families include group activities such as parenting courses and cultural support groups; as well as services for individual families such as family and relationship counselling, and crisis support.

Parenting in the New Land is a parenting program supporting parents to establish a health relationship with their child by focussing on early development and attachment. The program also supports them to access community services. Funded by Communities for Children, ARA is contracted by the Salvation Army to deliver the parenting program to CALD communities. This program is delivered once a term for five sessions.



Healthy and unhealthy foods...



The preschool children have been learning about foods that are healthy and unhealthy. Using the book 'The Very Hungry Caterpillar' by Eric Carle, we sorted which foods are healthy and which foods are healthy.

"I got healthy, banana and grapes" Johan said, talking about his healthy snack.

"Unhealthy foods has too much sugar." Liana said, as we talked about only eating unhealthy foods sometimes. Healthy foods help us grow strong teeth and muscles. Too many unhealthy foods can make us sick and give our teeth cavities.

We read the non fiction book 'The Vegetable Garden' to learn about how vegetables grow from a seed in different ways - above the ground, on the ground and under the ground. The children made a graph, drawing the foods they would like to grow in our vegetable patch at preschool and voting on which one they would like to plant.

Connections to Curriculum:

Early Years Learning Framework:

Outcome 1: Children have a strong sense of identity

Outcome 2: Children are connected with and contribute to their world

Outcome 3: Children have a strong sense of wellbeing

Outcome 4: Children are confident and involved learners

Outcome 5: Children are effective communicators



AUSTRALIAN CITIZENSHIP TEST PREPARATION COURSE

A free 7-week course to prepare learners for the Australian Citizenship test in a supportive learning environment.

Facilitator: Clare Knox



Every Tuesday,
21st March to 16th May 2023
12 pm to 3 pm



Morella Community Centre
90 Kings Rd, Parafield Gardens
SA 5107

To register call **8406 8484** or email
communityconnections@morella.org.au



*The Community Connections Program is funded
by the Department of Human Services.
This course is supported by Anglicare SA.*

COMMUNITY NEWS

TEXTILE COLLAGE WORKSHOP

Create your own placemat or coaster



Tuesday
14th & 28th
March 2023
11.30 am to
2.30pm

Morella Community Centre
Karna Country
90 Kings road, Parafield Gardens,
SA 5107

Bookings essential call 8406 8484 or email
communityconnections@morella.org.au



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OLSH OPEN

SUNDAY
19 MARCH

1:00-3:00pm



BOOK NOW



A Girls Secondary Catholic College from Years 7 - 12
496 Regency Road, Enfield SA 5085

2023 GET ON THE COURT



Register Today!

Gawler & District Netball Assoc.

Winter Netball Season
Saturday's, April - September

Entry Level Programs
Junior & Senior Competitions
Representative Netball

Central Location (Gawler)
Regular Match Times
Available Parking
Low Entry Fees
Canteen Facilities

**CLUB, TEAM, &
INDIVIDUAL
REGISTRATIONS
WELCOME!!**



Phone - 0438 801 557
E-mail - secretary@gawlernetball.com.au



SALISBURY HIGH SCHOOL

Empowered to create successful futures



Government of South Australia
Department for Education

Ph 08 8182 0200 | Fax 08 8182 0201 | www1.salisburyhigh.sa.edu.au

OPEN NIGHT

Wednesday 22nd March 2023

3 sessions available

Enjoy a free sausage sizzle prior to
tours starting at 4pm, 5pm and 6pm

Tours will be followed by the Principal's address

BOOK NOW to secure your place

Students/children do not require a ticket
<https://www.trybooking.com/CFVKH> or via



Learn Think Create Flourish

14 Farley Grove, Salisbury North SA 5108